



St. Thomas's
CE Primary School

P.E. and Sport Premium Funding Report – July 2023

The government is providing additional funding to improve provision of physical education (PE) and sport in primary schools. This funding has been provided jointly by the Departments for Education, Health and Culture, Media and Sport. This funding is ring-fenced and therefore can only be spent on provision of PE and sport in schools. This means we use the premium to:

- Fund additional and sustainable improvements to the provision of PE and sport.
- Encourage the development of healthy, active lifestyles.

The 5 key indicators where improvements should be seen are:

1. The engagement of all pupils in regular physical activity, aiming for 30 minutes a day within school time.
2. The profile of PE and sport is raised across the school as a tool for whole school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sports and activities offered to all pupils.
5. Increased participation in competitive sport.

The National Curriculum aims are for all children:

- To be physically active, working towards a target of 30 minutes' activity during and after the school day (excluding general play times)
- To excel in a broad range of activities
- To engage in competition
- To lead healthy lifestyles

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> • In 2018 - 2019, 2021 - 2022 and 2022 - 2023, we achieved the Platinum School Games Mark. We will re-apply in Summer 2024 to keep Platinum status. • All of our children get to compete in a variety of events during a school year. • We take part in many local and county sports competitions and events. We are as inclusive as possible when selecting our teams (SEND, PP, girls). • We have several members of our school who compete at local and County level in a variety of events and sports. • We provide 2 hours of taught physical education weekly. Additionally, we actively encourage all children to get 30 minutes of exercise a day at school, and 30 minutes at home. • We run several intra-house sports activities throughout the year including competitive races for EYFS, KS1 and KS2. • Teachers and TAs provide a wide range of before and after school clubs for team and individual sports. These clubs are inclusive, and open to all children no matter ability / gender. • A qualified sports coach delivered blocks of tennis, football, dance, netball, dodgeball, gymnastics and cricket in order to provide CPD for staff and high quality teaching for pupils. • The coach worked in every year group in KS1 and KS2 this academic year. • An annual sports day is held which involves the whole school and is an opportunity for competition for all abilities. • Free before and after school sports places are offered to Pupil Premium children. • Swimming sessions are paid for Pupil Premium children. 	<ul style="list-style-type: none"> • Continue to enhance the opportunities for our less active children, SEND children and other targeted groups, including girls. • Continue to work with our Sports Leaders, so that they can deliver and provide specific lunch time activities, to help achieve the recommended 60 minutes a day of activity for all children (30 minutes at home and 30 minutes at school). • Increasing the number of children leading and managing sports events. • Continue to provide opportunities for non-traditional sports and inspirational sessions for all. • Increasing the less active children's participation in sport. • Increasing the competition participation. • Introduce something new for dance - Zumba and cheerleading / majorettes. • Further develop and embed healthy active lifestyles. • Introduce new physical activities such as circuit training and yoga to all year groups.

Meeting national curriculum requirements for swimming and water safety	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	100%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	100%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	95%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Academic Year: 2022/23		Total fund allocated:	Date Updated: July 2023	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Purchase equipment for PE, Fit for Learning, lunch time activities, Sports Day and SEND exercises</p> <ul style="list-style-type: none"> Enables staff to deliver a more precise lesson with the aid of resources. Creates calmer lunchtimes with fewer negative incidents. Increases pupil participation in activities. Increases interest in sport and a healthy lifestyle. Motivates children to perform better during Sports Day. Prepares children for their daily learning. Contributes towards the engagement of all pupils in regular physical activity. Provides a broad experience of a range of sports and activities. <p>Take up the Active Cumbria 100 mile Challenge to get all pupils doing minimum additional 15 mins per day</p> <ul style="list-style-type: none"> Provides children with aspirational target for daily activity. 	<ul style="list-style-type: none"> Audit of equipment. PE subject lead to regularly check equipment and usage. Sports Leaders to be trained in delivering and using equipment to engage pupils in sport or activity. Multi-skills club used to encourage identified children to engage with activities. 		<ul style="list-style-type: none"> More children are participating in sport during lunch times. The identified less active groups have increased their activity levels. New and novel equipment has captured their interest. Children's co-ordination much improved. Sense of pride in own achievement. Children's academic achievements have been raised. 	<ul style="list-style-type: none"> Daily/weekly amount of activity embedded in school practice. Sports Leaders leading more activities during lunch times.

<ul style="list-style-type: none"> Whole school sense of achievement. 				
Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> Celebration of sporting achievements through the Sports Display board and school website. Celebration of children's achievements in sport outside of school as a way to inspire and encourage all pupils to engage in physical activities in and out of school. PE Notice boards with information about achievements and events due to take place. Sports Starts (1 boy and 1 girl) identified in each class at the end of each half term. Trophies and medals displayed in the entrance hall for all to see. Sports Leaders to play an active role in raising profile of sport and PE and to act as role models. Work with local clubs and any local sporting personalities so pupils can develop own sporting aspirations. Demonstrations of achievements (eg dance etc) to parents in special assemblies and shows. Participation in the Sport for Champion program, where a professional GB athlete is invited in to school. 	<ul style="list-style-type: none"> Achievements celebrated in assembly and individual classes e.g. match results, personal outside school and notable achievements in lessons. Demonstration or performance in assembly by different classes when appropriate. Continue with the Sport for Champions Program for children to have good sporting role models. 		<p>Pupils say they feel very proud to be recognized as achieving well in assemblies/photos on notice boards etc. This has positive impact on confidence and raised self-esteem.</p> <p>Increased self-esteem and confidence having positive impact on learning across the curriculum – children are taking skills learnt in sport (Grit, determination etc) back into their learning in the classroom.</p> <p>Whole school pride in achievements.</p>	<p>The benefits of the raised profile of sport on the increase self-confidence and commitment to health benefits is essential to school.</p> <p>School will make every effort to ensure the opportunities we have in place for all our children will continue.</p> <p>Some next steps:</p> <ul style="list-style-type: none"> Healthy eating program to work alongside our sports clubs Monthly sporting newsletter go out to parents and on website.

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Send KS2 staff on courses for CPD</p> <ul style="list-style-type: none"> Improves standards of pupil performance Increases knowledge of staff. Raises profile of PE across the school <p>Hire in coaches to work alongside staff</p> <ul style="list-style-type: none"> The children have the opportunity to work with other sports providers outside of school. Provides a broad experience of a range of sports and activities. Some of the coaching sessions culminate in children being able to compete against other schools. The dance sessions captivate both boys and girls into the learning which is sometimes difficult with dance in general. The teachers enhance their own sports skills knowledge and can take this forward with them to future classes. The school is securing links for the children with local clubs 	<ul style="list-style-type: none"> Find available courses and share with staff. Complete any registration forms and book supply if needed Find out from cluster schools, any coaches that may be of interest to us Liaise with the coaches we currently use and arrange coaching sessions 		<p>Improved subject knowledge for all staff, and confidence to teach wider range of PE activities and the skills within those activities.</p>	<p>Staff work together to share good practice leading to greater confidence in whole staff team.</p> <p>More staff will become involved in ensuring extra activities will continue and possibilities for expansion will be explored and developed.</p> <p>The school will not be dependent on 'experts' coming in to teach PE and Sport as staff skills are more developed and confidence to teach skills improved.</p>

<p>and opening up opportunities for them to join more after school clubs.</p> <ul style="list-style-type: none"> Increases pupil motivation Raises standard of pupil performance. Also fits in Key Indicator 1, 2, 4 & 5. <p>Ensure adequate resources are available for all activities, including assessment</p>	<ul style="list-style-type: none"> Update, add to resource bank and equipment 			
<p>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils</p>				<p>Percentage of total allocation:</p> <p>%</p>
<p>School focus with clarity on intended impact on pupils:</p> <p>Teaching member of staff to be PE subject leader</p> <ul style="list-style-type: none"> Helps to ensure children can attend external sporting events with all the background preparation. Supports and provides expertise in sport and PE across the school. Provides Inset and training for staff in a range of sports and activities. Managing and updating the sports news board, ensures regular feedback to parents and children. <p>Continue to offer a wider range of activities both within and outside the curriculum in order to get more pupils</p>	<p>Actions to achieve:</p> <ul style="list-style-type: none"> Retention of staff Succession planning Pupil voice – asking pupils about what they would like to see in school Action research – why some pupils do not engage with sport or activities 	<p>Funding allocated:</p>	<p>Evidence and impact:</p> <ul style="list-style-type: none"> High quality PE and clubs sustained 	<p>Sustainability and suggested next steps:</p> <ul style="list-style-type: none"> Staff to continue to offer a variety of clubs before and after school

involved. <ul style="list-style-type: none">• Before and after school clubs.• Variety of activities offered to engage all pupils. Identify those pupils who do not take up additional PE and Sporting opportunities. <ul style="list-style-type: none">• School research undertaken by PE subject leader in order to continue to meet criteria for Platinum award.				<ul style="list-style-type: none">• Non-active children encouraged to undertake challenges
Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Pay for competitions and the cost of coaches/minibus' to get there if all other transport fails <ul style="list-style-type: none">• Increases pupil motivation• Enhances our inclusive provision• Enhances a positive attitude and engagement in and towards competition• Increases our links and partnerships with other schools• Raises the profile of PE across the school and Kendal Also fits in Key Indicator 2			<ul style="list-style-type: none">• Many pupils have participated in competitions both in and out of school• The sports display board shows sporting achievements• Newsletters have promoted sport• The SEND children have taken part and reached county final at the Panathlon.• Children have been able to reach events through paid for transport	